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ROYAL GOVERNMENT OF BHUTAN
ROYAL CIVIL SERVICE COMMISSION
Excellence in Service



RCSC/HRMD-13/2025/4132

May 8, 2025

Dasho Dzongdag/Executive Secretary
Dzongkhags/Thromdes

Subject: Celebrating Civil Service Wellness Day on June 11, 2025

Dear Dasho,

The Royal Civil Service Commission, in collaboration with the Ministry of Health, is pleased to inform you that the **Civil Service Wellness Day** will be observed on **June 11, 2025**, with the theme *"Healthy Civil Service, Healthy Nation."* The event will feature a **Marathon** and **Sorig-Zhiney/Zumba programs** across all Dzongkhags and Thromdes. This initiative was also discussed during the Dzongdag Conference held in Bumthang, where there was unanimous agreement to pursue the Wellness Day activities throughout the country.

This initiative is part of our broader commitment to enhancing civil servant motivation and well-being while also aligning with the national priority of promoting preventive health care and traditional wellness practices.

The RCSC will be extending minimal financial support to each Dzongkhag to facilitate the organization of the marathon. In addition, RCSC will provide marathon T-shirts, bibs, medals, and certificates for participants.

We kindly request your esteemed office to:

1. Organize the Marathon and Sorig-Zhiney/Zumba programs in your respective Dzongkhag/Thromde.
2. Thromdes are requested to collaborate and conduct the event jointly with their respective Dzongkhags.
3. Ensure wide publicity through your official pages/websites to encourage participation of both serving and former civil servants.
4. Civil servants with special needs are to be invited to participate in the event to ensure it is inclusive and accessible to everyone.
5. RCSC has officially opened registration for the Civil Service Wellness Day, with designated locations outlined in the registration link ([Click here](#)). Following the closure of registration on May 20, 2025, the Wellbeing Secretariat at RCSC will coordinate the



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procurement of T-shirts, bibs, medals, and certificates. Event organizers will receive T-shirts based on the number of registered participants, along with 3 medals and 3 hard-copy certificates for winners in each category. e-Certificates of completion will be issued to participants.

6. An online coordination meeting was held with all HROs on May 8, 2025.

Your support in organizing this meaningful event is vital to its success and to fostering a culture of wellness within the civil service. Please feel free to contact the Well-being Unit at RCSC for any clarifications or coordination support.

We look forward to your full cooperation in making this event a success.

With warm regards,

(Tashi Pem)
Chairperson

Copy to:

All HROs for information and coordination in respective Dzongkhags/Thromdes.